SOUTH EASTMAN SERVICE PROVIDERS

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
Community Supports (food banks, shelters, churches, transportation etc…)				
South East Helping Hands **Steinbach Food Bank**	Communities served include Blumenort, Mitchell, La Broquerie, Marchand, Sandilands, St Labre, Woodridge, Zhoda, etc. View website to see the complete map	Clients are required to register the first time they come in to see us. We ask that they bring their Manitoba Medical Card with them. More info may be requested.	Food bank Every other Wednesday from 2:00-5:30p.m.	525 Main St in Steinbach 204-326-2599 http://sehh.ca/
Soup Kitchen/Soup's on Steinbach			Soup's On serves dinner on Tuesdays and Fridays from 5:00 to 7:00 pm at Grace Mennonite Church, 430 Third Street (rear entrance).	204-326-3707 http://www.steinbachsoupson.com/
Ile des Chenes Food Bank				204-878-3359
Lorette Food Bank				204-878-3562 Irene 204-878-3552 Iris (back-up)
Niverville Helping Hands (Food Bank)			85, 2nd St South Niverville Community Fellowship Church	204-392-5699
Ste Anne Accueil Kateri Centre (Food Bank)			132, avenue Centrale	204-371-4984 www.accueilkatericentre.ca
Steinbach Community Outreach	Individuals and families who are homeless or at risk of being of being homeless	Self refer	Meeting basic needs through food, shelter, clothing and connection. Support is individualized. Assistance with securing shelter, furnishing apartment, and expenses required to	Irene Kroeker Steinbach Mennonite Church 345 Loewen Blvd. 204 326-7954 johnkr@mymts.net

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			get them settled. Anyone who's in need may access the food & clothing located at the Steinbach Mennonite Church.	For food or clothing go directly to location. Tues, Wed, Thurs 9:30-11:30 am
211	211 is an national information and referral network, helping Canadians find the right resource at the right time. 211 is a key resource for front-line service providers as well as individuals throughout the community		**In Manitoba, 211 will replace CONTACT Community Information.**	**We need your help! In order for 211 to be effective, program information needs to be up-to-date and accurate. The more accurate the listing information and details, the easier it will be for Manitobans to fi nd the right service. Please check your agency's listing at www.contactmb.org and let us know of any corrections. We want to make sure we represent your agency correctly.**
Grunthal The Loft	Low-income and homeless individuals or families in the south eastern region of Manitoba. (not including Steinbach)		The primary needs that we address include food and clothing. We also hope to meet any specific needs that may walk through the door. The services we provide are free and available to anyone who feels they have a need.	Every other Wednesday from 11:00 am- 2:00 pm Location: Grunthal Bergthaler Mennonite Church, 101 Southwood Street, Grunthal, MB Phone: 204-392-8143 theloftoutreach@gmail.com theloftoutreach.blogspot.com
Agape House- Eastman Crisis Centre, Inc.	Women experiencing family abuse.	See Crisis services		
Today House	Individuals seeking overnight	See Crisis services		

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
	shelter			
Southland Church Community Impact	Open to everyone	Through application process	Distribution Center –donations of food, clothing and furniture for those in need within the community, as we have available. Annual Food & Clothing Giveaway – the Friday immediately following Thanksgiving weekend; free food hampers (while supplies last) and clothing.	190 PTH52 W, Stbh MB, R5G 1Y1 Ph: 204-326-9020 Web: http://mysouthland.com Email: info@mysouthland.com
Steinbach Taxi			Southeastern Manitoba From Piney to the American border to Winnipeg	204-326-9937
White Owl Bus Lines			Bus service between Southeastern towns to St Vital mall	204-381-8747 www.whiteowlbuslines.com contact@whiteowlbuslines.com
ACT Computer Solutions	Job seekers that can't afford a laptop or computer (Individuals without steady income or have a low income)	Call or email	Pay it forward program: Provides a refurbished laptop or computer free of charge to individuals looking for work, to assist them in their job search and allow them to communicate with potential employers	Matt Bergen 204-381-3621 Matt@actsolutions.ca
Employment and Income Assistance *Also appears under category 'Disabilities'*	-Eligibility based on financial need as well as policy regarding program eligibility -Must be residing in the Eastman Region to collect benefits from the Region -Financial information as well as other personal circumstance information used to determine eligibility -Must be 18 years of age to	-Call reception in Steinbach (204-346-6390) or Beausejour (204-268-6028) and provide name and where you are residing in order to be directed to the appropriate Case Coordinator. -Some preliminary information will be collected and you may be	-Individuals may qualify for Disability benefits based on health issues verified by medical professionals -Assists with shelter costs as well as basic needs for living -Assists with medication and some health related costs according to policy and eligibility -Connect individuals to other resources as needed -Assist individuals to explore and	Call reception 204-346-6390 (Steinbach) or reception (204-268-6028 (Beausejour) and call will be directed to appropriate Case Coordinator based on geographical location of person 242-323 Main St. Steinbach, MB R5G 1Z2 Fax -204-346-6394

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
	apply	referred to an Orientation regarding the EIA program -Intake is scheduled after orientation is completed and all necessary documents are collected -Intake is where eligibility for EIA benefits is determined	pursue possible education and training opportunities	Toll Free -1-866-682-9782
Crisis Services including 24-hour Crisis Lines				BACK TO TOP
Southern Health-Santé Sud **Southern Region Crisis Services**	Crisis Response Services- 15 years and older	Self Referral or community members with general questions/and or concerns Voluntary service	Multi-disciplinary team responding to community citizens who are experiencing a mental health or psychosocial crisis. - The team provides: emergency room/hospital 1-1 assessment, outreach services or community visits prioritized by degree of urgency. - Crisis/warm call line operates 24 hours a day, 7 days a week, providing community citizens experiencing a mental health or psychosocial crisis and/or referral sources with: ongoing support, crisis intervention, consultation, linkages and education.	EAST: 1 888 617 7715 (Steinbach) or 204 326 9276 WEST: 1 204 857 6369 (Portage la Prairie) or 204 325 9700 (Winkler)
Southern Health-Santé Sud **Crisis Stabilization Unit**	18 years and older	Voluntary Service, Self Referral	Located in Steinbach - 24 hour service professionally staffed for individuals experiencing an emotional or life crisis - Professional support includes: brief counseling sessions, group work, linkages and other programs and follow up support is provided	1 855 320 1096 or 204 320 1096
Southern Health-		Self Referral at Emergency	Part of the Emergency Department	1.Bethesda Hospital: (Steinbach

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
Santé Sud **Mental Health Liaison Nurse**		Departments	Team at some hospitals in Southern Health Region. - Mental Health Liaison provides mental health assessments, referral, consultation, research and education. - Linkages to other community resources or assessments may occur. E.g. Psychiatric Consult, Community Mental Health Services	Manitoba) Ph: 204 346 9475 2. Boundary Trails Hospital (Winkler Manitoba) Ph: 204 331 8920 3. Portage General Hospital: (Portage La Prairie Manitoba) PH: 204 239 2323
Southern Health-Santé Sud **Karen Divine Safe House** **(Portage La Prairie-Manitoba)**		Voluntary Service, Self Referral	24 hour service for individuals experiencing an emotional or life crisis. The Safe House offers people an opportunity to access alternate help before problems escalate into a crisis that may require hospitalization.	1 204 239 5332 Located in Portage La Prairie.
Agape House-Eastman Crisis Centre, Inc. *Also appears under category 'Community supports'*	Women experiencing family abuse – does not have to be intimate partner abuse, nor does it have to be physical abuse. All services and supports are free of charge.	Call 24 hour toll free crisis line	- Free emergency shelter and supports for women and their children who are dealing with family abuse - A children's program and children's counsellor - Crisis counselling, assistance and referrals to legal and social service agencies - Interim housing - Follow up services - Counselling services - Outreach services to remote communities - Education / presentations on Agape House services, gender-based violence; etc.	Toll free 1-877-977-0007 204-346-0028 www.agapehouse.ca

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
			- Anger Solutions certified one-one or group programming available - Triple P Parenting one-one or group programming available - Healthy Youth Relationships – group or school presentations	
Today House *Also appears under category 'Community supports'*	Individuals seeking overnight shelter	All individuals must be referred to the shelter by a supporting community partner or a health care provider	Emergency Overnight shelter The shelter is open 7 nights a week. Referring agencies may drop off guests between 5:00-9:00pm – extreme emergency calls up to 11pm. Guests must depart by 8:00am the following morning	204-371-6989
Kids Help Phone				1-800-668-6868
Steinbach RCMP				204-326-4454
Domestic Violence Crisis Line				1-877-977-0007
Farm & Rural Stress Line				1-866-367-3276
Manitoba Poison Control				1-855-776-4766
Men's Resource Centre				1-855-672-6727
Sexual Assault Crisis Line				1-800-267-7270
Suicide & Crisis Line				1-877-435-7170
Youth Emergency Stabilization Unit				1-204-383-2776
Human Trafficking 24-hour Hotline	Help for people involved or likely to become victimized by human trafficking, sexual exploitation or forced labour		Trained counsellors at the Klinic Community Health Centre will provide crisis intervention, information and support, and connect callers to resources.	1-844-333-2211 (toll-free)
		Disabilities		**BACK TO TOP**
Society for	Any Manitoban, age 16 or	Self-Referral or Agency	**Services:**	#9-227 Main Street

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
Manitobans with Disabilities *Eastman Regional Office*	over, independent of the school system, who has a permanent or chronic physical, neurological or hearing disability that affects them on a daily basis.	referral. Packages available upon request. Once received, an intake interview with the Rehabilitation Counsellor will be completed.	- Assessment - Development of Vocational Rehabilitation Plan - Vocational and Supportive Counselling - Implementation, coordination of services - Access to marketAbilities funding for a range of employment related supports, services and training, that will assist participants to prepare for, attain and maintain employment **Delivery:** Provided to clients throughout the Eastman Region.	Steinbach, MB R5G 1Y7 204-326-5336 Toll Free 1-800-497-8196
enVision	Persons who live with an intellectual disability	Referrals made through Community Service Workers	**Residential Services:** -Supported Independent Living -Shared Living Homes -Community residences (licensed/ approved) **Day, Vocational & Employment Services:** Eastman Employment Services (also listed in this handbook) Eastman Recycling Services Edith's Place Kindale Industries Martha P Rempel Centre (MPRC) Retirement Program	84 Brandt St. Steinbach, MB R5G 0E1 T: 204-326-7539 www.envisioncl.com
Employment and Income Assistance	See 'Community Supports'		-Individuals may qualify for Disability benefits based on health issues verified by medical professionals	
Employment	Individuals who are unable		Employment Insurance Sickness	For more information about EI

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
Insurance – Sickness Benefits **Service Canada**	to work because of sickness, injury, or quarantine. You may be entitled to receive EI sickness benefits if: • you are employed in insurable employment; • you meet the specific criteria for receiving EI sickness benefits; • your normal weekly earnings have been reduced by more than 40%; and you have accumulated at least 600 hours of insurable employment during the qualifying period **or**, if you are a self-employed fisher, you have sufficient insurable earnings from self-employment in fishing during the qualifying period		Benefits	sickness benefits: **CLICK** www.servicecanada.gc.ca **CALL** 1 800-206-7218 TTY: 1-800-529-3742 **VISIT** a Service Canada Centre *Southeast locations:* - Steinbach: 321 Main St. - St-Pierre-Jolys: 427 Sabourin St. - Sprague Scheduled Outreach Site – once a month (first Wednesday of every month), 10:00 am to 3:00 pm (closed for lunch from 12:00 pm to 1:00 pm), East Borderland Primary Health Care Centre (corner of Highway 12 & Road 308)
Canada Pension Plan (CPP) disability benefit **Service Canada**	To qualify for a CPP disability benefit, you must: • have a severe and prolonged disability • be under the age of 65 • meet the CPP contribution requirements		The Canada Pension Plan (CPP) disability benefit is a taxable monthly payment that is available to people who have contributed to the CPP and who are not able to work regularly at any job because of a disability.	**CLICK** www.servicecanada.gc.ca **CALL** 1 800-277-9914 (English) / 1-800-277-9915 (français) TTY: 1-800-255-4786 **VISIT** a Service Canada Centre *Southeast locations:* - Steinbach: 321 Main St. - St-Pierre-Jolys: 427 Sabourin St. - Sprague Scheduled Outreach Site – once a month (first

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
				Wednesday of every month), 10:00 am to 3:00 pm (closed for lunch from 12:00 pm to 1:00 pm), East Borderland Primary Health Care Centre (corner of Hwy 12 & Road 308)
Canadian National Institute for the Blind (CNIB)	CNIB's community-based services empower Canadians who are blind or partially sighted to live independently – to see beyond vision loss – and lead the lives they want.	Individuals can self-refer by contacting the Winnipeg Office directly. Services are developed on an individual basis, so those residing in the Eastman Region will be assessed and services will be implemented accordingly, either on an outreach basis, collaboratively with other local organizations, or through their Winnipeg programs.	The following services are available in Manitoba: •Emotional and wellness support •Low vision services •Independent living services •Independent travel instruction •The CNIB Library •Assistive technology •Career and employment services •Child and family services •Outreach services Employment services: Career Counselling, Job Retention, Transition Services, Funding Options, and Job Search Counselling.	CNIB Helpline 1-800-563-2642 For more information, contact your local CNIB office in Winnipeg (204) 774-5421 or visit www.cnib.ca
Disability Vocational Rehabilitation Progam (Canada Pension Plan Disability)	You can participate in the Disability Vocational Rehabilitation Program if: • you are receiving a CPP disability benefit • you are willing and able to participate in the program • you are motivated • you are likely to return to work through the assistance of this program • your medical condition is stable		The Disability Vocational Rehabilitation Program can include, but is not limited to, any number of the following services: • Employment counseling and guidance • Planning your return to work • Improving your skills/retraining • Developing job-search skills	http://www.servicecanada.gc.ca/eng/services/pensions/cpp/disability/voc-rehab.shtml Toll-Free: 1-800-277-9914

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
Employability Assistance for People with Disabilities (EAPD) *Formerly marketAbilities* Eastman Region	See 'Employment Assistance Services'			
A.I.M. for Work	See 'Employment Assistance Services'			
Eastman Employment Services	See 'Employment Assistance Services'			
Segue Career Options	See 'Employment Assistance Services'			
El'dad Ranch	Individuals with Intellectual disabilities Adults or youth in transition to adult services Experienced supporting those with FASD, borderline IQ's and/or complex needs Individuals need to be supported through Community Living disAbility Services or Provincial Special Needs	Referrals are made through Community Services Workers	Services include: Day Programs • Skill building • Employment support Alternative Justice • 24 hour support for men who had minor conflicts with the law Residential • 24 hour care for men living on site Outreach • Individualized supports for adults in community	Box 9 RR1 Grp 3 Steinbach MB R5G 1L9 1-800-732-1963 ext. 107 - Kevin Drain **eldadranch@initiativesjc.org**
FASD Diagnostic Coordinator	Individuals under the age of 18, with a confirmed history	Referrals for an FASD assessment are received by	FASD Diagnostic Coordinator supports and assists families through the FASD	Marijke Vonderbank – south east area of Southern Health region

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
(Southern Health – Santé Sud)	of prenatal alcohol exposure, behavior/developmental/academic concerns and consent from legal guardian to proceed with assessment	the coordinator. Coordinator assesses for eligibility and collects information from family, school, daycare, community services and birth records. Coordinator supports family through the FASD assessment process - a referral form can be found on the MB FASD Centre website http://fasdmanitoba.com/ Or contact FASD Diagnostic Coordinator mvonderbank@southernhealth.ca	assessment process, provide follow up after FASD diagnosis, facilitate FASD education series, present workshops on FASD to public, schools, daycares	Community Health Services 365 Reimer Ave Steinbach, MB R5G 0R9 T (204) 346-7039 F (204) 346-1046 mvonderbank@southernhealth.ca
Southeast FASD Coalition **(Fetal Alcohol Spectrum Disorder)**	Professionals/service providers seeking information and resources on FASD Families and individuals affected by FASD	Call or email	Education workshops for professionals, parents, families about FASD and resources and services in the region; Special events; Awareness campaigns, etc.	Coalition contact person: Lisa Balcaen southeastFASDcoalition@gmail.com For information regarding an FASD referral or FASD resources, please contact: Marijke Vonderbank FASD Diagnostic Coordinator Southern Health-Santé Sud (204) 346-7039 mvonderbank@southernhealth.ca
Family Services - **Children's disAbility services**	A child must be 17 years of age or younger, living with his or her birth, extended or adoptive families in	Families can be referred by the Child Development Clinic, a physician, or they can contact the office in	Provides services and supports to families who may need assistance with some of the extraordinary demands of caring for a child with	Beausejour office Phone: 204-268-6028 Steinbach office

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
	Manitoba and present with one of the following: - A mental disability - A developmental delay - Autism spectrum disorder - A lifelong, physical disability that results in significant limitations in mobility - A high probability of developmental delay due to a pre-existing condition, significant prematurity with medical and/or biological factors, or a parent who has a mental disability	their community to apply for the program directly. Written confirmation of the child's diagnosis is needed to apply.	disabilities. A Family Services Worker is assigned to the family and works in partnership with them to assess the needs of the child and their family in order to develop a Service Plan.	Phone: 204-346-6390 St Pierre Jolys office 204-433-3340
Education				BACK TO TOP
School divisions **Eastman region**				Hanover 326-6471 Seine River 878-4713 DSFM 878-9399 Border Land 324-6491 Red River Valley 746-2317 Sunrise 268-6500 Frontier 775-9741
Ste Anne Adult Learning Centre	A mature student, 19 years of age or over at the time of enrolment	Continuous intake, go in person to register.	Ste. Anne - ALC offers a Mature Student Diploma Program.	Box 1113, 34 Centrale Avenue Ste. Anne, Manitoba R5H 1C1 PH: (204) 422-5627 FAX: (204) 422-5633 General Information - steannealc@srsd.ca

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
RRC -Steinbach Adult Learning Centre	To be eligible to register for the Mature Grade 12 Diploma you must be 19 years of age and have been out of school for one year.	Registration is on a continuous intake with courses starting based on 3 terms per year. Students must register in person.	Attaining your Grade 12 diploma or taking pre-requisite courses for College or University entrance.	Ph: 204-320-2500 ext. 6005 2- 385 Loewen Blvd, Steinbach, MB R5G 0B3 Email: Steinbach@rrc.ca
Red River College	College programming both Fulltime and Part- time to achieve a Diploma or Certificate. As well as course based registration accepted. http://blogs.rrc.ca/steinbach/	Direct, in person, online by phone for any prospective student. Referral accepted from any of the agencies above.	Services: - Academic advising - Testing is applying to RRC programs (CAAT, DRP) - Career cruising to determine interests and aptitudes for prospective RRC students. - Referral for Benchmark testing if applying to RRC programs.	Ph: 204-320-2500 x 6001 2- 385 Loewen Blvd. Steinbach, MB R5G OB3 Email: Steinbach@rrc.ca Mary-Ann Shukla Cell: 204-371-0205 Mshukla@rrc.ca (for referral agents only)
South Eastman English and Literacy Services	See 'Immigrants'			
Pluri-elles	See 'French language services'			
WEST (Workplace Education and Skills Training)	See 'Employment Assistance programs'			
College, Universities, MTEC, MITT	See Appendix "A"			

Employment Assistance Services

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Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
Industry, Training and Employment Services (ITES)	ALL Eligibility may include: Unemployed Active EI claim Recently on EI Low income EIA recipient	N/A Walk-in, no appointment necessary, Intake needs to be completed	**Services:** -Job search resources -Employment Needs Assessment -Career development/counseling assistance -Employment Counseling -Apprenticeship info -Wage Subsidy Programs -Self Employment -Skills Development Assistance	1-866-332-5077 321 Main Street Steinbach, MB R5G 1Z2
CERC-Community Employment and Resources Centre **-Centre d'emploi et de ressources communautaire (CERC)**	-All residents of ALL ages from southeastern MB, including the bilingual towns along the Red River -Bilingual: English and French services offered -General Community organizations & Employers -Sponsoring Committee for the Manitoba Youth Job Centre (May-Aug)		**Services:** -Resumes & Cover Letters -Job search assistance -Interviewing tips/Mock Interviews -Service needs assessment -Career counseling -Pre-employment workshops -Information and referrals on training -Project development & assistance	Gabrielle Musick Employment Consultant Phone: (204) 433-2584 Fax: (204) 433-3988 Toll Free: 1-866-366-4407 -Bilingual Service Centre, 427 Sabourin Street, St-Pierre-Jolys -Satellite Office: Bilingual Service Centre – Ste. Anne; 1st & 3rd Thurs of the month Marcelle Ruest Administrative Assistants; (204) 433-2585 Natalie Buczko Bookkeeper/Resource Coordinator; (204) 433-2580 www.cerc-mb.ca
Eastman Employment Services *Also appears under category 'Disabilities'*	-All -Multi-Barrier Youth ages 16-29 -Persons with Disabilities or barriers to employment	**Referral process for first 2 groups:** -Self-referral; pick up a red folder from reception desk, fill out template and consent forms, call to make an appointment for a resume; on-site access to	**Services to first 2 groups:** -Assistance with resume and cover letter -Job search assistance -Employment counselling -Computer access -Self-employment options -Job board	T: (204) 326-4099 395 Main Street Steinbach alisha@eastmanemployment.com

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
		resources **Referral process for last group:** -Contact Alisha Nickel to schedule an intake meeting	**Services to last group:** -On-on-one support from an Employment Facilitator -Pre-Employment Workshops -Job development -Interview preparation -Employer connections -Job coaching -On-going support and follow up -School to Work transition for students with disabilities	
Opening Doors to Success Inc.	-EIA -Low Income -EI Reachback -ages 30-54 (with possible exceptions) -individuals with mental health challenges		**Services:** -Pre-employment workshops -Work/life management workshops and coaching -Skills/strengths/self discovery workshops -Job search coaching -Job leads -assistance with resume and cover letter development -computer skills -various training resources -workplace essential skills assessment workshop -career exploration	Opening Doors to Success Inc 2-90 Brandt Street, Steinbach www.openingdoorstosuccessinc.ca Direct refer to Nancy McNaughton 204-346-9840
Tailored for Success (a program founded by Opening Doors to Success)	- for men and women who are preferably attached in some way to an employment or community service that is assisting them with their career goals would qualify for the service	Email or telephone the Project Coordinator	A community-run initiative that provides new or gently-used career clothing and accessories to men and women who are entering the workforce, completing a job training program or preparing for a job interview – free of charge	Natasha Loge Tailored for Success (204)346-9840 tailoredforsuccess.se@gmail.com 2-90 Brandt St, Steinbach MB. Program is run out of ODS 11am to 7pm

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
Employability Assistance for People with Disabilities (EAPD) *Formerly marketAbilities* Eastman Region *Also appears under category 'Disabilities'*	Individuals with a disability, that are unemployed or under employed (less than 15 hrs/week). Specific Disability -Cognitive -Learning -Psychiatric - 16 years of age or older -Manitoba Resident -Canadian Citizen -Able to pursue, maintain and retain employment -Willing to participate in mAP.	**Who can Apply** -Applicants -Parents -Children's disABILITY - Services Worker -School Social Worker or -- Psychologist -Child and Family Services Worker -Any external agency working with the applicant **How to Apply** Contact Local EAPD Counsellors directly or email EAPD@gov.mb.ca	Provide funding for a range of employment related supports, services and training, that will assist participants to prepare for, attain and maintain employment **Services:** -Vocational Counselling -Assessment -Vocational Planning -Vocational Training -Support Services -Direct Employment Services	**Dyonne Mulla – Eastman South** 321 Main St. Steinbach MB R5G 1Z2 Phone: 204-380-9728 Fax: 204-326-6172 **Tim Warren – Eastman North** 20 First Street South, (Mailing: Box 50) Beausejour, MB R0E 0C0 Work – 204-268-6152 Front Desk - 1-866-576-8546 Fax - 204-268-6222
Segue Career Options *Also appears under category 'Disabilities'*	-Individuals who are unemployed living with a managed mental health issue or physical disability and are considered "work-ready"	-Those eligible for Segue Proper must have a diagnosis, in written form, from a trained medical professional in the field related to their disability. -The potential client must be referred to Segue Proper through a governing agency such as marketAbilities, MPIC, CNIB, and School Divisions	**Services:** -Vocational assessment and placement services -Employability skills -Resume & cover letter writing	Segue Career Options **Clients require agency referral** 418 Main St. (back entrance) Steinbach, MB (204)381-2957
A.I.M. for Work *Funding for Eastman region in effect until Feb 2016*	Unemployed Persons with Physical Disabilities or Chronic Illness Medically ready and motivated to work EI reachback clients don't		Services: - Paid work experiences - Vocational rehabilitation - Career counseling - Job search / cover letters	Dianna Mae Hocaluk Program Manager 204-482-2130 toll free: 1-800-494-4179 diannamae@mymts.net

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
Also appears under category 'Disabilities'	qualify in the Eastman region (south of #44)		- Resumes / referrals - Ergonomic equipment	
Workplace Essential Skills Training (WEST) Centre *Also appears under category 'Education'*	Individuals who are unemployed, underemployed or employed who wish to improve their skills for the workplace. WEST also works with businesses that are seeking training for their staff. For the trades WEST works with Apprentices and Trades Qualifiers.	Individuals can self-refer or be referred by other agencies in the community. Apprentices and Trade Qualifiers are referred by Apprenticeship Manitoba.	WEST delivers Essential Skills training. This includes workshops for Computer Use, Numeracy and Reading and Document Use. Individualized learning plans are developed for each learner. WEST also offers a new 9-week program tailered for women 40+ and looking for work.	14-90 Brandt St Steinbach Phone 204-326-2123
Eastman Immigrant Services **- Employment**	-Newcomers to Canada		**Services:** -Career counselling -Resume writing -Job search assistance -Pre-employment counselling	204-346-6609 D4-284 Reimer Ave Steinbach www.eastmanimmigrantservices.com
Baby Boomers in Action Targeted Initiative for Older Workers:	Age group 55 - 64, unemployed and looking for job, resides in south eastern Manitoba	Clients must attend a meeting (intake process) prior to joining a session.	5 weeks of group based job related training and followed by 8 weeks of mentorship	Reynald Collette 204-433-2888 St-Pierre en Boom 555 Hébert ave P.O Box 377 St-Pierre- Jolys, MB R0A 1V0
Premier Choix	See 'French language services'			
		Family resources		**BACK TO TOP**
Child Care :			This website allows you to:	https://direct.gov.mb.ca/cdchtml

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
Search for licensed child care **Government Subsidy** **Online Registry**			- **Search for a licensed child care facility** for your child according to your particular needs and location - **Register your children** with several providers at once. - The **Subsidy Eligibility Estimator** will help you to estimate the family contribution and the amount of child care subsidy your family may be eligible - **Online Subsidy Application** to complete and submit an application	/html/internet/en/parent_online_serv.html cdcinfo@gov.mb.ca Child Care Information Services Toll-free: 1-888-213-4754 Subsidy Information Services Toll-free: 1-877-587-6224
Steinbach Family Resource Centre **(formerly Anna's House)**	Prenatal and Postnatal Parents and children 0-5 years in need of community support and resources	Call or stop in	Prenatal and postnatal programming and education for parents and children	204-346-0413 101 North Front Drive www.steinbachfrc.ca 9:00-4:30 Mon-Fri.
CPEF **(Centre de la petite enfance et de la famille)**	Family resource centres for prenatal and postnatal parents, and children 0-6 years and their families	See 'French language services'		
Healthy Child Coalition – South East	The coalition aims to involve all stakeholders working with children age 0-5 years to work together to maximize the potential of all children, families and communities in SE region		HCC-SE supports parent child programs across the region and partners to deliver STARS of the Future screening clinics, Baby Steps newborn resource, parent child facilitator training and parent child programs.	Telephone: 204-346-6698 aklassen@southernhealth.ca Mailing Address: 365 Reimer Ave Steinbach, MB R5G 0R9
Healthy Baby			Waiting for reply from Melissa Friesen for description	204-346-6696 List of locations and dates: http://www.southernhealth.ca/lib/attachments/view_attachment.php?id=393

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
LaLeche League (breastfeeding)				204-326-2813
Triple P parenting line			Brief – one-on-one sessions for everyday parenting concerns Seminars – informal presentations for large groups of parents Groups – group sessions for more serious problems	1-877-945-4777 Hours are Monday to Friday from 8:00 a.m. – 8:00 p.m. *Not a crisis line*
Child & Family Services -Steinbach				204-346-6390 Toll-free 1-866-682-9782
Manitoba Foster Family Network				1-866-458-5650
Manitoba Child Benefit Program	Resident of Manitoba Have dependent children under the age of 18 who are in your care In receipt of Canada Child Tax benefits for dependent children Family income is below a specific level and is based on the previous year's income Cannot be in receipt of Employment and Income Assistance unless you are ONLY receiving the health benefits portion of EIA		Low-income families may be eligible for up to $420 tax free each year for every child.	1-800-563-8793 http://www.gov.mb.ca/jec/eia/mcb/
Rent Assist	Low-income private renters and including those receiving EIA benefits (See website for eligibility criteria)		The amount paid from Rent Assist will depend on the total household income and cost of monthly rent	1-877-587-6224 http://www.gov.mb.ca/jec/eia/rentassist/
Steinbach Arts			Concerts, Creative Wellness, dance,	304 Second Street, Steinbach

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
Council			cooking classes, language courses, preschool programs, theatre classes, and more	Phone: (204) 346-1077 office@steinbachartscouncil.ca http://www.steinbachartscouncil.ca/
Legal Aid Manitoba			Legal Aid Manitoba provides legal help to people who are financially eligible on cases with merit. This can include people who are working.	204-985-8500 http://www.legalaid.mb.ca/
Financial Assistance for training				BACK TO TOP
Manitoba Métis Federation				Manitoba Metis Federation Inc. Southeast Regional Metis Corp. P.O. Box 13 Grand Marais, Manitoba R0E 0T0 Telephone: 204-754-2721 Fax: 204-754-2687
Employment and Income Assistance	Must be currently receiving EIA benefits		-Assist individuals to explore and pursue possible education and training opportunities (restricted to parents and people with disabilities)	Contact your EIA worker or visit 205-321/323 Main Street Steinbach MB 1-866-682-9782
Industry, Training and Employment Services (ITES)	ALL Eligibility may include: Unemployed Active EI claim Recently on EI Low income EIA recipient	N/A Walk-in, no appointment necessary, Intake needs to be completed	**Services:** -Job search resources -Employment Needs Assessment -Career development/counseling assistance -Employment Counseling -Apprenticeship info -Wage Subsidy Programs -Self Employment -Skills Development Assistance	1-866-332-5077 321 Main Street Steinbach, MB R5G 1Z2
Manitoba Student Aid	See website for eligibility criteria		The basic types of assistance for full-time students are Canada Student	401-1181 Portage Avenue Winnipeg, Manitoba R3G OT3

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
			Loan and Manitoba Student Loan. The maximum Canada Student Loan is $210 per week of study and the maximum Manitoba Student Loan is $140 per week of study	Phone: 204-945-6321 Fax: 204-948-3421 http://www.gov.mb.ca/educate/sfa/pages/sfaFrontDoor_en.html
Disability Vocational Rehabilitation Progam (Canada Pension Plan Disability)	You can participate in the Disability Vocational Rehabilitation Program if: • you are receiving a CPP disability benefit • you are willing and able to participate in the program • you are motivated • you are likely to return to work through the assistance of this program • your medical condition is stable		The Disability Vocational Rehabilitation Program can include, but is not limited to, any number of the following services: • Employment counseling and guidance • Planning your return to work • Improving your skills/retraining • Developing job-search skills	http://www.servicecanada.gc.ca/eng/services/pensions/cpp/disability/voc-rehab.shtml Toll-Free: 1-800-277-9914
Worker's Compensation Board	In receipt of WCB benefits		If you suffer a workplace injury, vocational rehabilitation services may be offered should you be unable to return to work with your employer because of your work-related injury or disease.	333 Broadway Winnipeg, MB R3C 4W3 For all departments: 204-954-4321 Toll free within Canada and the United States: 1-855-954-4321
		French Language Services		BACK TO TOP
Information Specialists for the Province of Manitoba	Services offered to all (individuals, groups, business owners, etc) in the Southeast region of Manitoba	Stop in, call or email	Services are offered in English or French Assistance with connecting individuals or groups to provincial government programs in all sectors of government. Remove barriers to access to	Julie Lessard-Kulchyski Bilingual Service Centre 30, Dawson Rd, Ste-Anne 204-422-7028 Julie.lessard@gov.mb.ca

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
			programs through providing information, assistance with completing government forms (ex. Housing, pharmacare, tax credits, etc), and outreach services.	Jennifer Maczuga Bilingual Service Centre 427 Sabourin St, St Pierre Jolys 204-433-3340 Jennifer.maczuga@gov.mb.ca
CDEM (Economic Development Council for Manitoba Bilingual Municipalities)	French or English speaking established businesses or new entrepreneurs in bilingual municipalities: - RM De Salaberry - RM of La Broquerie - RM of Ritchot - Town of St Pierre Jolys - Town of Lorette - Towns of Powerview/Pine Falls - Town of Ste Anne		Services are offered in various sectors: - Community Economic Development - Business Services - Green economy - Youth - Co-op - Tourism (joie de vivre)	Joel Lemoine Financial and Business Advisor Phone: 204 925-8828 jlemoine@cdem.com Robert Paquin Directeur intégration jeunesse | Youth Integration Director t. 204 925-8396 c. 204 509-1508 rpaquin@cdem.com suite 200 - 614 Des Meurons St. Winnipeg, Manitoba Canada, R2H 2P9
CERC- Community Employment and Resources Centre **Centre d'emploi et de ressources communautaire (CERC)** *Also appears under category 'Employment assistance services'*	-All residents of ALL ages from southeastern MB, including the bilingual towns along the Red River -Bilingual: English and French services offered -General Community organizations & Employers -Sponsoring Committee for the Manitoba Youth Job Centre (May-Aug)		**Services:** -Resumes & Cover Letters -Job search assistance -Interviewing tips/Mock Interviews -Service needs assessment -Career counseling -Pre-employment workshops -Information and referrals on training -Project development & assistance	Gabrielle Musick Employment Consultant Phone: (204) 433-2584 Fax: (204) 433-3988 Toll Free: 1-866-366-4407 -Bilingual Service Centre, 427 Sabourin Street, St-Pierre-Jolys -Satellite Office: Bilingual Service Centre – Ste. Anne; 1st & 3rd Thurs of the month Marcelle Ruest Administrative Assistants; (204) 433-2585 Natalie Buczko Bookkeeper/Resource

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
				Coordinator; (204) 433-2580 www.cerc-mb.ca
Premier Choix *Also appears under category ''Employment Assistance Services''*	- speaks French - age 15 to 30 yrs - not receiving EI benefits - not a student	Call or email	9 week job preparation training and work experience Clients receive minimum wage for the duration of the program Program is offered in French	204-237-9788 ssoro@premierchoix.org 614 Des Meurons St. Winnipeg
CPEF **(Centre de la petite enfance et de la famille)** *Also appears under category 'Family Resources'*	Prenatal and postnatal parents, and children 0-6 years and their families		Programming is in French and basic French -Variety of programs for children and their parents or caregivers that target all aspects of child development -parental support, including social evenings and education sessions -lending library (toys, French books and games)	Southeast locations: La Broquerie - 392-9189 Lorette – 878-4595 St-Pierre-Jolys – 433-7706 Ile-des-Chênes - 878-4886 Ste-Agathe - 330-4509 www.cpefmb.org
Pluri-elles *Also appears under category 'Education'*	Services offered in French. Based out of Winnipeg, but they have a provincial mandate.	Self refer	- French language classes for all skill levels -French literacy services -Employment Assistance Services -Counselling services (individual, group & online counselling, support groups, etc) - GED (general educational development) preparation online -Workshops and presentations, for schools or groups, on a variety of topics including bullying, domestic violence, healthy self-esteem, etc	pluridg@pluri-elles.mb.ca Phone: (204) 233-1735 Toll free: 1 800 207-5874 www.pluri-elles.mb.ca Pluri-elles (Manitoba) Inc. Unit 114 - 420 des Meurons Winnipeg MB R2H 2N9
Accueil Francophone *Also appears under category 'Immigrants'*	Francophone newcomers Based out of Winnipeg, but they have a provincial		**Services:** -Settlement & ongoing support -Housing -English language clubs	accueil@sfm.mb.ca Phone: (204) 975-4250 Fax: (204) 231-0544

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
	mandate.		-Translation & interpretation (French to English) -Free income tax returns -Cultural activities -Information sessions	Accueil francophone du Manitoba Unit 104 - 420 Des Meurons Winnipeg MB R2H 2N9
			Health (includes non emergent Mental Health)	**BACK TO TOP**
AFM Steinbach **Addictions Foundation of Manitoba**	Adult Youth Families	Call 326-7724 to set-up an assessment appointment. All services are voluntary	Covered by Manitoba Health Variable in length Offers community based treatment and support for adults, families and youth, school based services, family services, and prevention activities	365 Reimer Steinbach, MB R5G 0R9 204-326-7724
Manitoba Schizophrenia Society – Eastern Manitoba	For adults living with schizophrenia, schizo-affective disorder, or psychosis and their family & friends	No formal referral required. Self-referral or referral by a family member by contacting Outreach Worker	Recovery Focused Peer Support Group, Family Support Group, Presentations and workshops available upon request: 8 Stages of Healing, Strengthening Families Together, Your Recovery Journey, Hearing Voices workshop, The Truth about Schizophrenia, Responding to Delusions & Hallucinations. Contact Outreach Worker for more information	Kim Heidinger Outreach Worker Eastman and East Central Regions 204-371-0824 www.mss.mb.ca
Mood Disorders Association of MB – Eastman				Judy Dunn is the representative for Mood Disorders Association of Manitoba 444-5228
Anxiety Disorders Association of MB – Eastman				Elsa Sydorko is the representative for the Anxiety Disorders Association of Manitoba 345-8511
Canadian Mental Health Association –				Nicole Bedient 204-371-7492

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
Steinbach				steinbachcmha@outlook.com
Southern Health-Santé Sud **Community Mental Health Services** **ADULT Case Management**	For adults living with an acute mental health problem	Adult referral form. Self referral or other agencies and, family members can assist with completing referral form.	- Community Mental Health Assessment and evidenced based goal oriented counseling for acute mental health problems. - Mental Health Housing and Support assessed necessary by program component - Non-emergent service	Mental Health Access Toll Free phone number: 1 888 310 4593 *press #1 for Adult Services
Southern Health-Santé Sud **Community Mental Health Services** **INTENSIVE Case Management**	For adults living with a psychotic disorder, accompanied by a severe and persistent functional impairment that limits major life activities	Adult referral form. * Self referral or other agencies and, family members can assist with completing referral form.	- Recovery orientated Community Mental Health for individuals living with a psychotic disorder, accompanied by a severe and persistent functional impairment that limits major life activities. - Mental Health Housing and Support assessed necessary by program component - Non-emergent service	Mental Health Access Toll Free phone number: 1 888 310 4593 *press #1 for Adult Services
Southern Health-Santé Sud **Community Mental Health Services** **TRANSITION workers**	- For individuals that have a confirmed diagnosis of a Pervasive Developmental Disorder, Fetal Alcohol Spectrum Disorder, Acquired Brain Injury, Intellectual Impairment (< 70 IQ), or other organic brain conditions which complicate thought processing - These services are reserved for individuals who are not	Adult referral form. Assignment to Transition Worker determined by Community Mental Health Program	- Assists individuals and families who require support navigating and accessing alternate services - Provides short-term resource counselling / assistance in connecting with community resources for individuals requiring short-term follow-up post-discharge from a psychiatric facility	Mental Health Access Toll Free phone number: 1 888 310 4593 *press #1 for Adult Services *press #3 for Seniors Services

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
	connected to other appropriate resources AND appear to need assistance in identifying / connecting to other resources			
Southern Health-Santé Sud **Community Mental Health Services** **CHILD and ADOLESCENT**	School age children who have been pre-screened as having a mental health related problem which cannot be addressed elsewhere	Child & Adolescent referral form * Self referral or other agencies and, family members can assist with completing referral form.	Service treatment is evidenced based and goal oriented. Non-emergent service	Mental Health Access Toll Free phone number: 1 888 310 4593 *press #2 for Child and Adolescent Services
Southern Health-Santé Sud **Community Mental Health Services** **SENIORS**	Seniors	Seniors referral form *Self referral or other agencies and, family members can assist with completing referral form.	Multi-disciplinary team providing consultation and time limited service to the senior population. Services offered include (but not limited to) health screening, cognitive and functional examination, medication review, assistance with behavioral management strategies, and treatment planning. Non-emergent service	Mental Health Access Toll Free phone number: 1 888 310 4593 *press #3 for Seniors Services
Southern Health-Santé Sud **Community Mental Health Services** **Consulting Psychiatric and/or Psychology Services**		Available as determined within the Community Mental Health, Shared Care and Crisis Services Programs. *Outpatient Family Doctor Referral Only Psychiatric Consulation available via Eden Mental Health Centre Outpatient Psychiatric Services		As noted possible Psychiatric Consultation arranged by Community Mental Health, Shared Care and Crisis Services *Ms. Heidi Toews, Outpatient Nurse Coordinator Eden Mental Health Centre ph: 1 204 325 4325
Southern Health-Santé Sud	Individuals with non-complex mental health	Referral only forwarded to Shared Care Mental Health	Provides one-time consultation, as well as evidence-informed short-term	Available at Primary Health Care Facilities throughout Southern

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
Community Mental Health Services **Shared Care Mental Health Services**	needs accessing services in Primary Care settings	Worker from Family Physician or Nurse Practitioner	counseling intervention to individuals with non-complex mental health needs accessing services in Primary Care settings, in collaboration with Family Physicians, Consulting Psychiatrists and other health care services	Health Region: -Steinbach Family Medical, Steinbach MB -Agassiz , Morden MB -Portage Clinic, Portage MB -CW Wiebe, Winkler MB 204 326 3401 (Steinbach) 1 204 822 4474 (Morden) 1 204 857 3445 (Portage) 1 204 325 4312 (Winkler)
Southern Health-Santé Sud **Community Mental Health Services** **Crisis Mental Health Services**	**See Crisis Service Including 24-Hour Crisis Lines** for information			
Southern Health-Santé Sud **Community Mental Health Services** **Mental Health Housing and Support Services** *Housing in partnership with Eden East Health Services		Applications/referral forms to be completed for housing and services	Housing - Housing Support Worker - Community Proctors - Portable Housing Benefit - Services to Seniors in Group Living Proctors Mental Health Housing and Support availability is determined by program	Bev Dyck, Regional Manager Ph: 1 204 325 6585
Eden Health Care	Open to all low income clients with or without mental health issues	Eden Housing Application Mental Health Referral Form	- Positive Living Program – drop in (support groups, crafts, recreational activities, movies, etc..) - Low-income Housing - Residential Care - Housing Procurement - Wellness Library, 21 Loewen Blvd, providing mental health, wellness	Positive Living Program: Ann Thompson-Courchene – 204-392-5670, ann@edenhealthcare.ca Tenant Relations Coordinator : Lucy Tait – 204-371-1041, lucy@edenhealthcare.ca

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
			and recovery resources for the community, search online catalogue at edenhealthcare.ca/services/mental-health-promotion	Housing and supports : Monique Brunger – 204-326-5437, monique@edenhealthcare.ca
Public Health Nursing Services			- Communicable disease prevention & control - Immunizations/child health clinics - Postpartum & breastfeeding support - Prenatal education - Reproductive health - School health - Travel health	Steinbach 204-346-6123 Ste Anne 422-8817 La Broquerie 424-5575 Lorette 878-9752 Niverville 388-2030 St Pierre Jolys 433-7636 Sprague 425-5119 Ste Agathe 882-2827 Vita 425-3859 ext. 6201
Home Care Services	Home care provides essential support in the home to anyone – regardless of age – who requires health care services or assistance with activities of daily living.	Clients may refer themselves, be referred by a loved one or by any reliable person familiar with the individual needing assistance such as a doctor, pastor, or other health care professional		Steinbach 346-7004 Ste Anne 422-8817 Niverville 388-2030 Sprague 425-5114 St Pierre Jolys 433-7636 Vita 425-3859
Children's Therapy Initiative			Provides a central intake to coordinate children and youth referrals for OT, PT, SLP or AUD.	204-326-6411, ext 2085
Midwifery Services				204-433-7198
Health Links-Info Santé			Receive general health information from a Registered Nurse 24 hrs/ 7 days a week	1-888-315-9257
Family Doctor Finder			Call or register online and we will help you connect with a health care professional in your area that best meets your needs	1-866-690-8260 http://www.gov.mb.ca/health/familydoctorfinder/

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
Dial-a-dietician			Call to speak to a Registered Dietitian and receive personal, professional and free nutrition information.	1-877-830-2892
Bethesda Hospital				204-326-6411
Steinbach Family Medical Centre				204-326-3401
Clearspring Medical Clinic				204-326-6111
Oasis Medical Centre (in Walmart)				204-326-4555
Quick Care Clinic (Clearspring Mall)				204-326-7569
		Immigrants		**BACK TO TOP**
Eastman Immigrant Services **- Settlement** **- Employment** **- English for Work** **- Integration** **- Volunteer**	-Newcomers to Canada	Self-referral	- Orientation to Southeast Manitoba region - English for Work classes - Assistance with important documents (child benefits, Manitoba Health etc) - School registration and referrals to local organizations - Participating in family focused activities - Attending info sessions - Partnering with community volunteers - Referrals to community resources - Volunteer opportunities - Settlement Workers in Schools (SWIS)	204-346-6609 D4-284 Reimer Ave Steinbach www.eastmanimmigrantservices.com
South Eastman English and Literacy	These classes are for Permanent Residents &	-Self refer -referred by agency	- Canadian Language Benchmark Placement Test (CLBPT) before	Box 1891 430-3rd Street, Steinbach, MB

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
Services *Also appears under category 'Education'*	Provincial Nominees	-no charge for service -continuous intake	beginning classes. - English for Daily Life classes (Benchmark Levels 1-8) provided in Steinbach, Lorette and St. Pierre. - Reading/Writing Upgrading, Math Upgrading and Computer Skills Upgrading for Canadian Citizens and Permanent Residents - Family Literacy in Grunthal	R5G 1N5 Ph#: 204-326-4225 info@englishandliteracy.ca
Accueil Francophone	Settlement services for Francophone newcomers	See 'French language services'		
		Self Employment		**BACK TO TOP**
Community Futures Triple R			Pathfinding to other organizations and resources pertaining to rural entrepreneurship. Provides business planning assistance and access to financing up to $150,000.	Dave Smith, Business Analyst dsmith@cftripler.ca 204-746-6180 www.cftripler.ca
Information Specialists for the Province of Manitoba	Anyone in the Southeast region of Manitoba	Stop in, call or email	First point of contact to receive information on starting a business. General information, resources and referrals are provided. Information and referrals on programs and workshops are also available to employers. Services are offered in English or French	Julie Lessard-Kulchyski Bilingual Service Centre 30 Dawson Rd., Ste-Anne Julie.lessard@gov.mb.ca 204-422-7028 Jennifer Maczuga Bilingual Service Centre 427 Sabourin St, St Pierre Jolys Jennifer.maczuga@gov.mb.ca 204-433-3340
Entrepreneurship			Companies Office	Phone: 204-945-2500

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
Manitoba/ Companies Office			We register information about corporations and business names. The public may search the registry to obtain information (for example, who is doing business under the trade name, where the business is located, and to get a list of officers and directors).	Toll Free: 1-888-246-8353 Email: companies@gov.mb.ca www.companiesoffice.gov.mb.ca
CDEM (Economic Development Council for Manitoba Bilingual Municipalities)	- Established businesses and new entrepreneurs in bilingual municipalities. - Young people who are just starting out in the business world in bilingual municipalities. - Tourism, rural development / small businesses in bilingual municipalities.		- We offer services in French - We offer French business development programs, some of which are custom made, to entrepreneurs. - Our investment funds give small businesses access to risk capital. - We coordinate the implementation of major economic development projects.	Joel Lemoine Financial and Business Advisor Phone:204 925-8828 jlemoine@cdem.com Robert Paquin Directeur intégration jeunesse | Youth Integration Director t. 204 925-8396 c. 204 509-1508 rpaquin@cdem.com 200 - 614 Des Meurons, Winnipeg R2H 2P9
Futurpreneur-	Aspiring business owners aged 18-39		A national, non-profit organization that provides financing (up to $45,000), mentoring and support tools to aspiring business owners aged 18-39.	Brad Hack Business Development Manager bhack@futurpreneur.ca 204-720-9422 www.futurpreneur.ca
Women's Enterprise Centre-	Women Including businesses that are at least 50% owned by a woman		Help women throughout the province find information, improve their skills and acquire financing (up to $150,000) so that they can start, expand or purchase an existing business.	Nancy Brommell, Business Advisor wecinfo@wecm.ca 204-988-1860 1-800-203-2343 www.wecm.ca
World Trade Centre – Winnipeg	- Aspiring business owners - Established business owners		Guidance on the steps for setting up, growing or expanding your business, including info on :	204-253-4888 219 Provencher Blvd

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
Business Info Centre	- Manitoba companies looking to grow their business beyond Manitoba and provide services to international companies interested in doing business with Manitoba companies.		- Grants & financial assistance programs - Business plan - Taxes and regulations - Registering a business name, corporation registration, etc - Import/export procedures - Workshops Centrallia 2016 Centrallia is an international business-to-business forum focused on generating trade opportunities for companies.	3rd floor Winnipeg MB R2H 0G4
Louis Riel Capital Corporation	Metis and Non-Status Indians		Finance the start-up, acquisition and/ or expansion of viable Metis and Non-Status Indian controlled small businesses based in Manitoba. Up to $99,999 non-repayable funds available to qualified applicants	info@lrcc.mb.ca 204-589-0772 1-800-387-6004 www.lrcc.mb.ca
Cathedral Group	Private and public training organizations, Banks, Economic Development Corporations, Community Futures organizations, nonprofits, numerous small businesses, and government departments involved in the counselling, education and training of entrepreneurs	Visit Industry, Training & Employment Services in-person	Services in self-employment counselling, self-employment training and Business Plan writing.	http://www.cathedral.mb.ca/consulting.htm
Steinbach Chamber of Commerce	All business owners and entrepreneurs		Provide information sessions and marketing & mentoring programs for business owners. Bring business and community together to build a	Michelle Bezditny Executive Director michelleb@steinbachchamber.com

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
			thriving, prospering region.	D4-284 Reimer Ave. Steinbach, MB. R5G 0R5
		Youth		BACK TO TOP
Segue Training & Employment Project (S.T.E.P.)	-Youths aged 15-30 entering or re-entering the workforce	- Target group may self-refer and apply for a spot in the S.T.E.P. program by filling out an application on site at Segue Career Options. - Due to limited seats (10 spots/program), applicants will be interviewed and go through a selection process. -applications of those not accepted will be kept on file and are encouraged to re-apply for the following session. -Applications can also be retrieved at Employment Manitoba	-4 weeks of in-class pre-employment skills training, which includes cover letter and resume writing, mock interviews, communication/listening skills, workplace etiquette, Workplace Health & Safety Training, First-Aid/CPR Basic Rescuer Level 'C' -8 weeks of hands-on experience in the student's field of interest	Segue Training & Employment Project Students **self-refer** to 418 Main Street (back entrance) Steinbach, MB
Youth for Christ	YFC is a community organization with different programs serving youth between the ages of 10-19.	Application process for mentee and mentor for the Mentorship Project. No referral for drop-in or other programs.	Mentoring Project: for ages 10-18, the youth will be matched with a mentor who will connect with them on a weekly basis. Application process necessary. Backstage Drop-In: for ages 12-19, open Monday's, Tuesday's and Thursday's from 7:30pm-10pm, and Friday's 7:30pm-11pm. Staff walk alongside youth, addressing social, emotional, physical and	204-326-4366

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
			spiritual needs.	
Headway	- Headway's goal in to coordinate the inter-agency case-planning for vulnerable youth and use community and family resources to support these youth and their families	Referrals from any community agency, parents and self-referrals.	Utilises a multi-agency, collaborative approach, youth and their families meet with involved agencies to create a client specific action plan that provides opportunities for the youth to make positive change.	Program coordinator: Brenda Brown P: 204-320-8202 E:Brenda.l.brown@rcmp-grc.ca 100 Pth 12N Steinbach, MB R5G 1Y1
ROC Eastman	- Children ages 4-18 and their parent(s) - Low income - Family willing to engage in fun, family leisure learning - Parent(s) supportive of their child(s) participation in leisure/recreation activities	Accept a variety of referral sources: schools, EIA, CFS, immigration services, family resource centres, and health care workers to name a few. Continuous intake, waiting list an option depending on capacity.	ROC provides in-home assistance with recreation interest assessments, fun sessions to learn about leisure awareness, needs, values, skills, home and community resources, personal planning, and activity sampling. Also provide financial assistance for the children to participate in recreation and leisure activities.	Moni Loewen Executive Director P: 204-371-2887 E: moni@roceastman.ca W: roceastman.ca Box 5282 Steinbach MB R5G 1L5
Kidsport Eastman			KidSport™ provides support to children in order to remove financial barriers that prevent them from playing organized sport	Shannon Schade 204-268-2172 Eastman@sportmanitoba.ca Box 50, 20 – 1st St Beausejour MB R0E 0C0 www.kidsportcanada.ca/manitoba/eastman
MYJC **Manitoba Youth Job Centres**	Local employers, as well as students and youth from 12 to 29 yrs of age	Drop by your local community office during the summer for more information, or contact the MYJC coordinator year-round in Winnipeg	- Community-based summer employment referral services - Free assistance matching qualified job seekers with summer employment. - Provide students and youth with	Offices are open from mid May to late August each year. Steinbach 204-326-9754 St Pierre Jolys 204-433-7544 Niverville 204-388-6793

Organization	Client Group/Eligibility	Referral Process	Services Delivery	Contact Information
			important information and education on career development and employment-related skills - Odd job squad	Beausejour 204-268-0061 Winnipeg year-round: Kristy Boyko, Program Coordinator of MYJC 204-945-8115